

SUN	мои	TUE	WED	тни	FRI	SAT
2 11 a.m. Crabbing 12:30 p.m. – Live Tank at the boathouse 2 p.m. Kite Decorating and Flying	8:30 a.m. Yoga w/ Lisa 10:30 a.m. – Tour Weekapaug in open-air electric car 1 p.m. – Radio Control Sailboats	4 9 a.m. – Naturalist's Guided Beach Walk 10 a.m. – Fish Netting or Crabbing 11 a.m. – Nautical Knots 12 p.m. – Scavenger Hunt for Kids Early afternoon live tank at boathouse 3 p.m. – Paper Airplanes	5 9 a.m. – Tour Weekapaug in open-air electric car 10 p.m. Naturalist's Motorboat Safari 11:30 a.m. – Fish Netting or Crabbing Early afternoon live tank at boathouse	9 a.m. – Naturalist's Walk along rocky shore 11 a.m. – Nature Craft: Seaweed Pressing 4 p.m. – Tour Weekapaug in open-air electric car 5:30 p.m. – Top-down Jeep tour 6 p.m. – Lobster Boil and BBQ 8:30 p.m Stargazing	7 8:30 a.m Yoga w/ Lisa 9 a.m Pooh Sticks at the Bridge 10 a.m. Motorboat Safari 11:30 a.m Tour Weekapaug in open-air electric car 3 p.m Nautical Knots 4 p.m Fish Netting 5p.m. Live Tank 5;30 p.m Beer Garden dinner 6 p.m. to 9:30 p.m	9 a.m Naturalist's Guided Beach Walk  11 a.m Rocket Club  12:30 p.m Nature Craft: Beach Stone Jewelry  2 p.m. Crabbing  4 p.m Rocket Launch  5 p.m. Family Photos  6 p.m. to 9:30 p.m Guitarist  10 a.m 5 p.m., Quonnie Queen Boat Tours on the Hour  8  9 a.m Naturalist's Guided Beach Walk  11 a.m Rocket Club  12:30 p.m Nature Craft: Beach Stone Jewelry  2 p.m. Crabbing  4 p.m Rocket Launch  5 p.m. Family Photos  6 p.m. to 9:30 p.m Guitarist
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NATURALIST	WELLNESS	INN ACTIVITIES
Nature Craft: Enjoy these fun nature-themed activities geared toward adults and older children. In June we offer Beachstone Jewelry and seaweed pressing.  Tide Pool Walk: Explore the rocky Atlantic shoreline and tide pools with our Naturalist. We will look at seaweeds and creatures that live in amongst the rocks.  Fish Netting: Help pull our 25-foot seine net to shore and then pick out little fish, shrimp and crabs. Hands-on fun and learning. Meet at the Boathouse.  Live Tank: The Naturalist and his staff display live sea creatures that have been collected throughout the day from around the pond.  Crabbing: Our little bridge by the front entrance is the best crabbing spot in town. Join the Boathouse crew in a hunt for the feisty blue-shell. Great for participants and observers. Meet at Boathouse.  Star Gazing: A big dark sky with lots of stars is a memorable part of the Weekapaug experience. Join the Naturalist after dark to spot the moon and planets.  Guided Kayak Paddle: Join our experts for a local-knowledge tour through the most scenic parts of the salt pond.  Nautical Knots: Come learn how to tie some of the most useful sailor's knots. Our knot boards make practicing fun and convenient.	Yoga with Lisa: Gentle yoga with our most experienced and sensitive instructor. Class may be in the Fenway studio or outside depending on class and conditions.  Naturalist's Beach Walk: Join our naturalist on an hour-long walk down the barrier beach. He will point out wildlife, interesting plants and landmarks. The beach is beautiful and great for walking throughout the year.  Guides: The following guides are available at the front desk:  Local jogging and biking maps. Points of interest map covering Mystic, CT to Newport, Rl. Walker's guide to downtown Westerly. Printed directions to area attractions are also available at the front desk.  Quonnie Queen Boat Tours – Enjoy a 30-minute pond cruise on our Elco electric boat. Tours leave from the dock right off our backyard and take in waterfront homes and sweeping salt marshes. (Tickets are provided to overnight guests at check-in. They can also be purchased at front desk for \$20 each.)  Naturalist's Motorboat Tour: Join Capt. Mark for a one-hour exploration of the salt pond in our shallow-draft motorboat. It is an exciting way to explore the lagoon and view wildlife. Trips limited to six. (Tickets may be purchased at front desk for \$20 each.)  Top-down Jeep Tour: Take ride in our custom jeep through the beach scene at Misquamicut Beach and on to the Watch Hill Lighthouse. (Tickets may be purchased at front desk for \$20 each.)	Tour Weekapaug in Electric Car: Take in the views and lovely lanes of Weekapaug in our open-air electric car. Half-hour tour room for five passengers.  Scavenger Hunt for Kids: Meet at the Boathouse for a fun hunt around the Inn property.  Radio Control Sailboats: Sail the seas without leaving solid land. r/c sailboats are fun for all ages. Boathouse Pooh Sticks at the Bridge: Perhaps you remember this simple game, which was introduced in the book House at Pooh Corner. It's quite easy to learn and a lot of fun for our younger guests. Contestants drop sticks on one side of the bridge and then run to see whose stick emerges first on the other side. Sticks are provided.  Paper Airplanes: Decorate pre-printed airplane patterns, then fold them and fly them across the backyard or off he deck. Fun for all ages.  Rocket Club: Build and decorate a small model rocket in the morning, and then launch it at 4 p.m. from the back yard. \$25 per rocket.  Lobster Boil: Join us for the best clambake in town! Endless lobster - steamed under burlap over a wood fire - and served at elegant tables across the back yard. A bountiful buffet offers additional main courses along with clams, chowder, salads and kid favorites. House beer and wine and a dessert table and s'mores by the fire Quite a night!  Beer Garden Dinner: Produced in partnership with Von Trapp Brewery of Stowe, VT, our very own Biergarten experience is an evening of outdoor fun featuring traditional German cuisine, oom-pah music and a variety of Von Trapp brews.

FOR RESERVATIONS PLEASE CALL 888.813.7862



SUN	мои	TUE	WED	THU	FRI	SAT
9	10	11	12	13	14	15
11 a.m. Crabbing  12:30 p.m. – Live Tank at the boathouse  2 p.m. Kite Decorating and Flying	8:30 a.m. Yoga w/ Lisa 10:30 a.m. – Tour Weekapaug in open-air electric car 1 p.m. – Radio Control Sailboats	9 a.m. – Naturalist's Guided Beach Walk  10 a.m. – Fish Netting or Crabbing  11 a.m. – Nautical Knots  12 p.m. – Scavenger Hunt for Kids  Early afternoon live tank at boathouse  3 p.m. – Paper Airplanes	9 a.m. – Tour Weekapaug in open-air electric car 10 p.m. Naturalist's Motorboat Safari 11:30 a.m. – Fish Netting or Crabbing Early afternoon live tank at boathouse	9 a.m. – Naturalist's Walk along rocky shore  11 a.m. – Nature Craft: Seaweed Pressing  4 p.m. – Tour Weekapaug in open-air electric car  5:30 p.m. – Top-down Jeep tour  6 p.m. – Lobster Boil and BBQ  8:30 p.m Stargazing	8:30 a.m Yoga w/ Lisa 9 a.m Pooh Sticks at the Bridge 10 a.m. Motorboat Safari 11:30 a.m Tour Weekapaug in open-air electric car 3 p.m Nautical Knots 4 p.m Fish Netting 5p.m. Live Tank 5;30 p.m Beer Garden dinner 6 p.m. to 9:30 p.m Guitarist	9 a.m. – Naturalist's Guided Beach Walk 11 a.m. – Rocket Club 12:30 p.m Nature Craft: Beach Stone Jewelry 2 p.m. Crabbing 4 p.m. – Rocket Launch 5 p.m. Family Photos 6 p.m. to 9:30 p.m. – Guitarist
10 a.m 5 p.m., Quonnie Queen Boat Tours on the Hour	10 a.m 5 p.m., Quonnie Queen Boat Tours on the Hour	10 a.m 5 p.m., Quonnie Queen Boat Tours on the Hour	10 a.m 5 p.m., Quonnie Queen Boat Tours on the Hour	10 a.m 5 p.m., Quonnie Queen Boat Tours on the Hour	10 a.m 5 p.m., Quonnie Queen Boat Tours on the Hour	10 a.m 5 p.m., Quonnie Queen Boat Tours on the Hour
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SUN	MON	TUE	WED	THU	FRI	SAT
23	24	25	26	27	28	29
MB BOF  11 a.m. Crabbing  12:30 p.m. – Live Tank at the boathouse  2 p.m. Kite Decorating and Flying	8:30 a.m. Yoga w/ Lisa 10:30 a.m. – Tour Weekapaug in open-air electric car 1 p.m. – Radio Control Sailboats	9 a.m. – Naturalist's Guided Beach Walk  10 a.m. – Fish Netting or Crabbing  11 a.m. – Nautical Knots  12 p.m. – Scavenger Hunt for Kids  Early afternoon live tank at boathouse  3 p.m. – Paper Airplanes	9 a.m. – Tour Weekapaug in open-air electric car 10 p.m. Naturalist's Motorboat Safari 11:30 a.m. – Fish Netting or Crabbing Early afternoon live tank at boathouse	9 a.m. – Naturalist's Walk along rocky shore 11 a.m. – Nature Craft: Seaweed Pressing 4 p.m. – Tour Weekapaug in open-air electric car 5:30 p.m. – Top-down Jeep tour 6 p.m. – Lobster Boil and BBQ 8:30 p.m Stargazing	8:30 a.m Yoga w/ Lisa 9 a.m Pooh Sticks at the Bridge 10 a.m. Motorboat Safari 11:30 a.m Tour Weekapaug in open-air electric car 3 p.m Nautical Knots 4 p.m Fish Netting 5p.m. Live Tank 6 p.m. to 9:30 p.m Guitarist	9 a.m. – Naturalist's Guided Beach Walk  11 a.m. – Rocket Club  12:30 p.m Nature Craft: Beach Stone Jewelry  2 p.m. Crabbing  4 p.m. – Rocket Launch  5 p.m. Family Photos  6 p.m. to 9:30 p.m. – Guitarist
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