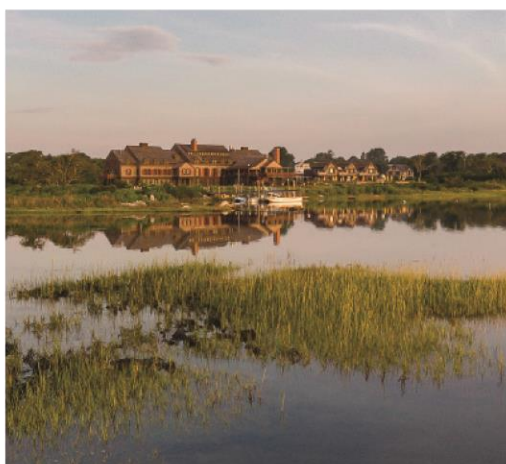




WEEKAPAUG INN

WEEKAPAUG, RHODE ISLAND

NOVEMBER RESORT ACTIVITIES



OCEAN HOUSE
— COLLECTION —



Complimentary Resort Activities

ABOUT OUR ACTIVITIES:

Naturalist Outings: Join our Naturalist and explore some of our favorite wildlife preserves. Reconnect with Nature. All within 20 minutes of Weekapaug.

Naturalist Beach and Salt Marsh Walk: Join our naturalist on an hour-long walk down the barrier beach and salt marsh. They will point out wildlife, interesting plants, and landmarks. The beach is beautiful and great for walking throughout the year.

Birding: We visit local hotspots to seek out our fine feathered friends. Outing will utilize one of the Inn vans, our open-air electric car, or perhaps a boat. Our naturalist will bring along optics and local knowledge.

Yoga: Join our skilled Yoga instructors in improving your physical and mental health. Increase your strength, balance, and flexibility. Offered every morning, complimentary for guests.

Nature Craft: Enjoy these fun nature-themed activities in the Sea Room. Pumpkin Painting, Jewelry Making, and Pinecone Bird Feeders take place outdoors and are offered every day.

Stargazing: A big dark sky with lots of stars is a memorable part of the Weekapaug experience. Join the naturalist after dark to spot stars, constellations, planets, and the moon.

S'mores at the FirePit: A crackling fire in the back-yard fire pit, a big sky and water views. What could be better than that? Come enjoy our house made s'mores, nightly. (Weather dependent).

Hunter® Borrowing Closet: Please take advantage of our Hunter borrowing closet. Best known for their boots, Hunter also has a wide range of outerwear. A variety of Hunter products stocked in our borrowing closet and may be signed out for active use during your stay.

Land Cruiser Tour: Jump into a classic 1967 Land Cruiser, enjoy discovering hidden gems; relax as a passenger on an hour trip including picturesque seashores, farms, and local attractions.

Guided History Tour of the Inn: Gain an appreciation for the Weekapaug Inn's resilience and commitment towards consistent warmth and hospitality amidst disaster and societal changes. Walk around with our Naturalist listening to wonderful stories about the historic building, artwork, furniture, and much more.

Guides: The following guides are available at the front desk:

- Local jogging and biking maps.
- Points of interest map covering Mystic, CT to Newport, RI.
- Walker's guide to scenic downtown Westerly.
- Moon map for self-guided moon viewing.

Printed directions to area attractions are also available at the front desk

ABOUT OUR TOURS AND SPECIAL EVENTS:

November 7th, 14th, 21st. ***Fireside Oyster Hour:*** Sit by the fireplace & enjoy two delicious varieties of oysters, which will be served on the half shell and paired with champagne and a selection of white wines. Taste the differences between the oysters and even try your hand at shucking. \$85.00++/person, reservations required.

November 27th. ***Weekapaug Inn 5k Thanksgiving Turkey Trot:*** Join the Weekapaug Community for a 5k Thanksgiving Turkey Trot! Option to run or walk. All are welcome. Please indicate shirt size on Way registration. \$25/person.

November 27th. ***Thanksgiving Day Family Style in The Restaurant & Sea Room:*** Join us for a warm & traditional holiday meal featuring Thanksgiving favorites the whole family is sure to enjoy. \$110++/ Adult, \$40++/ Children 4-12, Children 3 & under are complimentary.

Breathwork with Lisa: Focus and settle the mind through a series of guided awareness practices. Experience the art of concentration and the power of breath every Thursday at 9:30 am. \$15/person + Service Charge

Sound Meditation with Lisa: Relax and let go of stress, worries and concerns by partaking in Sound Bath Meditation every Saturday at 9:30 am. Resonant music helps to physically heal you and relieve pain through immersive sound that fills the room and your body. \$25/person + Service Charge.

Seal Days: Join us on the Innsight, our Sundance motorboat, to spot harbor seals in the waters of Quonochontaug salt pond. The seals will usually be in the area until April, but early November is the best time to see these wonderful marine creatures from our boat on the water. \$25 for Weekapaug Inn and Ocean House guests, \$45 for Non-guests.

****Jeep Tour:*** Explore nearby natural areas, beaches and off-beat trails with our naturalist in our custom 4x4, offroad, Jeep Wrangler and travel in places only accessible to 4x4 vehicles with Town or CRMC stickers. Tickets may be purchased at the front desk for \$25 each.

Land Cruiser Tour: Jump into a classic 1967 Land Cruiser as we discover the beautiful Weekapaug neighborhood.

Volvo Lending Program: The Inn has two Volvo automobiles on property that are available for guest use at no charge. Both are fully electric XC90 and are the latest models. Please visit the front desk to arrange an outing. Volvos are not lent out after 6:00pm.

10/26	10/27	10/28	10/29	10/30	10/31	11/1
SUNDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 10:00 a.m. Naturalist Outing: Ninigret Wildlife Refuge 1:00 p.m. –4:00 p.m. Motorboat Tours on the hour 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	MONDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 11:00 a.m. –4:00 p.m. Motorboat Tours on the hour 11:00 a.m. Nature Craft 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit (Weather Permitting)	TUESDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 11:00 a.m. –4:00 p.m. Motorboat Tours on the hour 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather Permitting) Inquire at Front Desk about Gem Car/Jeep Tours throughout the day and “Self-Guided” Tours and Nature Walking Trails.”	WEDNESDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 11:00 a.m. –4:00 p.m. Motorboat Tours on the hour 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather Permitting) Inquire at Front Desk about Gem Car/Jeep Tours throughout the day and “Self-Guided” Tours and Nature Walking Trails.”	THURSDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. <i>Breathwork with Lisa</i> 11:00 a.m. –4:00 p.m. Motorboat Tours on the hour 11:00 a.m. Nature Craft 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	FRIDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 10:00 a.m. – 5:00 p.m. Seal Days 11:00 a.m. Nature Craft 3:30 p.m. Guided History Tour 5:00 p.m. <i>Fireside Oyster Hour</i> 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. Smores by the fire pit (Weather Permitting)	SATURDAY 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. <i>Sound Meditation with Lisa</i> 10:00 a.m. – 5:00 p.m. Seal Days 3:30 p.m. Guided History Tour 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. Smores by the fire pit (Weather Permitting) 7:30 p.m. Stargazing

11/9	11/10	11/11	11/12	11/13	11/14	11/15
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>8:30 a.m. Yoga with Kerri</i>	<i>8:30 a.m. Yoga with Kerri</i>	<i>Inn Closed</i>	<i>Inn Open at Noon</i>	<i>8:30 a.m. Yoga with Lisa</i>	<i>8:30 a.m. Yoga with Lisa</i>	<i>8:30 a.m. Yoga with Lisa</i>
<i>9:00 a.m. Birding</i>	<i>9:00 a.m. Birding</i>		<i>3:30 p.m. Guided History Tour</i>	<i>9:00 a.m. Birding</i>	<i>9:00 a.m. Birding</i>	<i>9:00 a.m. Birding</i>
<i>10:00 a.m. – 4:00 p.m. Seal Days</i>	<i>11:00 a.m. Nature Craft</i>		<i>7:00 p.m. Smores by the fire pit (Weather Permitting)</i>	<i>9:30 a.m. Breathwork with Lisa</i>	<i>11:00 a.m. Nature Craft</i>	<i>9:30 a.m. Sound Meditation with Lisa</i>
<i>3:30 p.m. Guided History Tour</i>	<i>Inn Closed at Noon</i>		<i>Inquire at Front Desk about “Self-Guided” Tours and Nature Walking Trails.”</i>	<i>11:00 a.m. Nature Craft</i>	<i>1:00 p.m. Naturalist Outing: Napatree Point</i>	<i>11:00 a.m. Nature Craft</i>
<i>4:00 p.m. Guided Beach Walk</i>				<i>1:00 p.m. Naturalist Outing: Ninigret Wildlife Refuge</i>	<i>3:30 p.m. Guided History Tour</i>	<i>1:00 p.m. Naturalist Outing: Trustom Pond</i>
<i>7:00 p.m. Smores by the fire pit</i>				<i>3:30 p.m. Guided History Tour</i>	<i>4:00 p.m. Guided Beach Walk</i>	<i>3:30 p.m. Guided History Tour</i>
				<i>4:00 p.m. Guided Beach Walk</i>	<i>5:00 p.m. Fireside Oyster Hour</i>	<i>4:00 p.m. Guided Beach Walk</i>
				<i>7:00 p.m. Smores by the fire pit</i>	<i>6:00 p.m. – 9:00 p.m. Guitarist</i>	<i>6:00 p.m. – 9:00 p.m. Guitarist</i>
					<i>7:00 p.m. Smores by the fire pit (Weather Permitting)</i>	<i>6:00 p.m. Stargazing</i>
						<i>7:00 p.m. Smores by the fire pit (Weather Permitting)</i>

11/16	11/17	11/18	11/19	11/20	11/21	11/22
SUNDAY 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Ninigret Wildlife Refuge 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	MONDAY 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 11:00 a.m. Nature Craft Inn Closed at Noon	TUESDAY Inn Closed	WEDNESDAY Inn Open at Noon 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather Permitting) Inquire at Front Desk about “Self-Guided” Tours and Nature Walking Trails.”	THURSDAY 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. <i>Breathwork with Lisa</i> 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Ninigret Wildlife Refuge 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	FRIDAY 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Napatree Point 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 5:00 p.m. <i>Fireside Oyster Hour</i> 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. Smores by the fire pit (Weather Permitting)	SATURDAY 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. <i>Sound Meditation with Lisa</i> 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Trustom Pond 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 6:00 p.m. – 9:00 p.m. Guitarist 6:00 p.m. Stargazing 7:00 p.m. Smores by the fire pit (Weather Permitting)

11/23	11/24	11/25	11/26	11/27	11/28	11/29
SUNDAY 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Ninigret Wildlife Refuge 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 7:00 p.m. S'mores by the fire pit	MONDAY 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 11:00 a.m. Nature Craft Inn Closed at Noon	TUESDAY Inn Closed	WEDNESDAY Inn Open at Noon 3:30 p.m. Guided History Tour 7:00 p.m. S'mores by the fire pit (Weather Permitting) Inquire at Front Desk about "Self-Guided" Tours and Nature Walking Trails."	THURSDAY 8:30 a.m. Yoga with Lisa 9:30 a.m. 5K Thanksgiving Turkey Trot 11:00 a.m. Nature Craft 12:00 p.m. – 5:00 p.m. Thanksgiving Day Family Style Dinner 2:00 p.m. Guided Beach Walk 3:30 p.m. Guided History Tour 7:00 p.m. S'mores by the fire pit	FRIDAY 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Napatree Point 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. S'mores by the fire pit (Weather Permitting)	SATURDAY 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. Sound Meditation with Lisa 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Trustom Pond 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 6:00 p.m. – 9:00 p.m. Guitarist 6:00 p.m. Stargazing 7:00 p.m. S'mores by the fire pit (Weather Permitting)

11/30	12/1	12/2	12/3	12/4	12/5	12/6
SUNDAY 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Ninigret Wildlife Refuge 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	MONDAY 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 11:00 a.m. Nature Craft Inn Closed at Noon	TUESDAY Inn Closed	WEDNESDAY Inn Open at Noon 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather Permitting) Inquire at Front Desk about “Self-Guided” Tours and Nature Walking Trails.”	THURSDAY 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. <i>Breathwork with Lisa</i> 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Ninigret Wildlife Refuge 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	FRIDAY 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Napatree Point 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. Smores by the fire pit (Weather Permitting)	SATURDAY 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. <i>Sound Meditation with Lisa</i> 11:00 a.m. Nature Craft 1:00 p.m. Naturalist Outing: Trustom Pond 3:30 p.m. Guided History Tour 4:00 p.m. Guided Beach Walk 6:00 p.m. – 9:00 p.m. Guitarist 6:00 p.m. Stargazing 7:00 p.m. Smores by the fire pit (Weather Permitting)