

WEEKAPAUG, RHODE ISLAND

OCTOBER RESORT ACTIVITIES





























Complimentary Resort Activities

ABOUT OUR ACTIVITIES:

Naturalist Outings: Join our Naturalist and explore some of our favorite wildlife preserves. Reconnect with Nature. All within 20 minutes of Weekapaug.

Naturalist Beach and Salt Marsh Walk: Join our naturalist on an hour-long walk down the barrier beach and salt marsh. They will point out wildlife, interesting plants, and landmarks. The beach is beautiful and great for walking throughout the year.

Birding: We visit local hotspots to seek out our fine feathered friends. Outing will utilize one of the Inn vans, our open-air electric car, or perhaps a boat. Our naturalist will bring along optics and local knowledge.

Yoga: Join our skilled Yoga instructors in improving your physical and mental health. Increase your strength, balance, and flexibility. Offered every morning, complimentary for guests.

Nature Craft: Enjoy these fun nature-themed activities at the Boathouse. Birdhouse Painting, Jewelry Making, and Pinecone Bird Feeders take place outdoors and are offered every day.

Stargazing: A big dark sky with lots of stars is a memorable part of the Weekapaug experience. Join the naturalist after dark to spot stars, constellations, planets, and the moon.

Kayak, Paddleboard, & Sailboat Rentals: Explore Quonochontog Pond by renting out one of our boats down at our boathouse between 8:00am and 5:00pm. Sheltered by a barrier beach, the waters of the salt pond are warmer and calmer than the ocean and are ideal for paddle sports and sailing. Rocky shorelines, grassy marshes and wide-open expanses offer abundant and diverse areas to explore.

S'mores at the FirePit: A crackling fire in the back-yard fire pit, a big sky and water views. What could be better than that? Come enjoy our house made s'mores, nightly. (Weather dependent).

Hunter® *Borrowing Closet:* Please take advantage of our Hunter borrowing closet. Best known for their boots, Hunter also has a wide range of outerwear. A variety of Hunter products stocked in our borrowing closet and may be signed out for active use during your stay.

Guided History Tour of the Inn: Gain an appreciation for the Weekapaug Inn's resilience and commitment towards consistent warmth and hospitability amidst disaster and societal changes. Walk around with our Naturalist listening to wonderful stories about the historic building, artwork, furniture, and much more.

CHILDREN'S ACTIVITIES: Children are welcome on a come one, come all basis. Take advantage of the sunny days playing outdoor games and exploring the natural world. Activities include Crabbing, Fishing, Scavenger Hunt, Kite Flying, Crafts, Bucket Golf, Cornhole, Axe Throwing, Bocci, Volleyball, Shuffleboard, Spikeball, and Ladderball

ABOUT OUR TOURS AND SPECIAL EVENTS:

October 10th, 24th, 31st. *Fireside Oyster Hour:* Sit by the fireplace & enjoy two delicious varieties of oysters, which will be served on the half shell and paired with champagne and a selection of white wines. Taste the differences between the oysters and even try your hand at shucking. \$85.00++/person, reservations required.

October 19th. *Eating with the Ecosystem at the Weekapaug Inn:* The evening begins at 5:00 PM with a cocktail hour on the lawn, featuring passed seafood appetizers, a raw bar, and locally sourced beverages. Guests will then be seated for a thoughtfully prepared four-course dinner celebrating the fall bounty of our local waters—a time when fish and shellfish are plump, flavorful, and at their peak before winter. The menu will be created by an exceptional team of regional chefs: Gerardo Viejo: Executive Chef - Weekapaug Inn • Terence Feury: Executive Chef - Ocean House • Jen Backman: Executive Chef - Castle Hill Inn. *Dinner Admission Ticket:* \$194.25/guest, includes four-course meal, drinks, and cocktail hour. Supporter Ticket: \$262.50, includes Dinner Admission ticket and an additional donation to *Eating with the Ecosystem*.

Breathwork with Lisa: Focus and settle the mind through a series of guided awareness practices. Experience the art of concentration and the power of breath every Thursday at 9:30 am. \$15/person + Service Charge

Sound Meditation with Lisa: Relax and let go of stress, worries and concerns by partaking in Sount Bath Meditation every Saturday at 9:30 am. Resonant music helps to physically heal you and relieve pain through immersive sound that fills the room and your body. \$25/person + Service Charge.

Seal Days: Join us on the Innsight, our Sundance motorboat, to spot harbor seals in the waters of Quonochontaug salt pond. The seals will usually be in the area until April, but early November is the best time to see these wonderful marine creatures from our boats on the water. \$25 for Weekapaug Inn and Ocean House guests, \$45 for Non-guests.

Self-Guided E-Bike Tour: Weekapaug Inn to Watch Hill: Try out our electric bikes and explore Rhode Island's coastline on a self-guided e-bike experience, offering a smooth and scenic ride from Weekapaug Inn to Watch Hill Lighthouse and the historic village of Watch Hill. This pre-programmed GPS route follows quiet coastal roads, passing salt marshes, sandy beaches, and classic New England homes before arriving at the lighthouse, where you'll take in sweeping ocean views. E-Bikes may be rented at the front desk for 3 hours at \$75/person.

Land Cruiser Tour: Jump into a classic 1967 Land Cruiser as we discover the beautiful Weekapaug neighborhood.

Guided Kayak Tour: Explore and discover the natural beauty of the Quonochontaug Pond with a guided kayaking tour. Meet the naturalist at the Boathouse and then paddle out into the saltwater pond. Keep an eye out for birds, crabs, and fish as you explore rocky coasts, salt marshes, and sandbars.

Volvo Lending Program: The Inn has two Volvo automobiles on property that are available for guest use at no charge. Both are fully electric XC90 and are the latest models. Please visit the front desk to arrange an outing. Volvos are not lent out after 6:00pm.

Guides: The following guides are available at the front desk:

- Local jogging and biking maps.
- Points of interest map covering Mystic, CT to Newport, RI.
- Walker's guide to scenic downtown Westerly.
- Moon map for self-guided moon viewing.

Printed directions to area attractions are also available at the front desk

9/28	9/29	9/30	10/1	10/2	10/3	10/4
SUNDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:00 p.m. Chef's Garden	MONDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:00 p.m. Chef's Garden	TUESDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 3:00 p.m. Chef's Garden Tour 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather	WEDNESDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 3:00 p.m. Chef's Garden Tour 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather	THURSDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. Breathwork with Lisa 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak	FRIDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:00 p.m. Chef's Garden	**Closed all day for Private Event** 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. Sound Meditation with Lisa 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour
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10/5	10/6	10/7	10/8	10/9	10/10	10/11
SUNDAY **Closed until 12:00 pm for Private event** 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:00 p.m. Chef's Garden Tour 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit	MONDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:00 p.m. Chef's Garden Tour 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit (Weather Permitting)	TUESDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:00 p.m. Chef's Garden Tour 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit (Weather Permitting)	WEDNESDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 3:00 p.m. Chef's Garden Tour 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather Permitting) Inquire at Front Desk about Gem Car/Jeep Tours throughout the day and "Self-Guided" Tours and Nature Walking Trails."	THURSDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. Breathwork with Lisa 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:30 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	FRIDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:30 p.m. Guided History Tour 5:00 p.m. Fireside Oyster Hour 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. Smores by the fire pit (Weather Permitting)	SATURDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. Sound Meditation with Lisa 10:00 a.m. – 5:00 p.m. Quonnie Queen Tours on the hour 11:00 a.m. Nature Craft 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. Smores by the fire pit (Weather Permitting) 7:30 p.m. Stargazing

10/12	10/13	10/14	10/15	10/16	10/17	10/18
SUNDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	MONDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit (Weather Permitting)	TUESDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 11:00 a.m. Nature Craft 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather Permitting) Inquire at Front Desk about Gem Car/Jeep Tours throughout the day and "Self-Guided" Tours and Nature Walking Trails."	WEDNESDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 11:00 a.m. Nature Craft 3:00 p.m. Chef's Garden Tour 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather Permitting) Inquire at Front Desk about Gem Car/Jeep Tours throughout the day and "Self-Guided" Tours and Nature Walking Trails."	THURSDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. Breathwork with Lisa 11:00 a.m. – 4:00 p.m. Motorboat Tours on the hour 11:00 a.m. Naturalist Outing: Napatree Point 1:00 p.m. Nature Craft 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	FRIDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 11:00 a.m. –4:00 p.m. Motorboat Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. Smores by the fire pit (Weather Permitting)	SATURDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. Sound Meditation with Lisa 11:00 a.m. –4:00 p.m. Motorboat Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:30 p.m. Guided History Tour 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. Smores by the fire pit (Weather Permitting) 7:30 p.m. Stargazing

10/19	10/20	10/21	10/22	10/23	10/24	10/25
SUNDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 10:00 a.m. Naturalist Outing: Ninigret Wildlife Refuge 1:00 p.m. – 4:00 p.m. Motorboat Tours on the hour 1:00 p.m. Guided Kayak Tour 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	MONDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 9:00 a.m. Birding 11:00 a.m. –4:00 p.m. Motorboat Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit (Weather Permitting)	TUESDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Kerri 11:00 a.m. – 4:00 p.m. Motorboat Tours on the hour 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather Permitting) Inquire at Front Desk about Gem Car/Jeep Tours throughout the day and "Self-Guided" Tours and Nature Walking Trails."	WEDNESDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 11:00 a.m. – 4:00 p.m. Motorboat Tours on the hour 3:30 p.m. Guided History Tour 7:00 p.m. Smores by the fire pit (Weather Permitting) Inquire at Front Desk about Gem Car/Jeep Tours throughout the day and "Self-Guided" Tours and Nature Walking Trails."	THURSDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. Breathwork with Lisa 11:00 a.m. –4:00 p.m. Motorboat Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:30 p.m. Guided History Tour 5:00 p.m. Guided Beach Walk 7:00 p.m. Smores by the fire pit	FRIDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 11:00 a.m. –4:00 p.m. Motorboat Tours on the hour 11:00 a.m. Nature Craft 1:00 p.m. Guided Kayak Tour 3:30 p.m. Guided History Tour 5:00 p.m. Fireside Oyster Hour 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. Smores by the fire pit (Weather Permitting) 7:30 p.m. Stargazing	SATURDAY 8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals 8:30 a.m. Yoga with Lisa 9:00 a.m. Birding 9:30 a.m. Sound Meditation with Lisa 11:00 a.m. –4:00 p.m. Motorboat Tours on the hour 3:30 p.m. Guided History Tour 6:00 p.m. – 9:00 p.m. Guitarist 7:00 p.m. Smores by the fire pit (Weather Permitting)

10/26	10/27	10/28	10/29	10/30	10/31	11/1
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals	8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals	8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals	8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals	8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals	8:00 a.m. – 5:00 p.m. Kayak and Paddleboard Rentals	8:30 a.m. Yoga with Lisa
8:30 a.m. Yoga with Kerri	8:30 a.m. Yoga with Kerri	8:30 a.m. Yoga with Kerri	8:30 a.m. Yoga with Lisa	8:30 a.m. Yoga with Lisa	8:30 a.m. Yoga with Lisa	9:00 a.m. Birding 9:30 a.m. Sound
9:00 a.m. Birding	9:00 a.m. Birding	11:00 a.m. –4:00 p.m. Motorboat Tours on the	11:00 a.m. –4:00 p.m. Motorboat Tours on the	9:00 a.m. Birding	9:00 a.m. Birding	Meditation with Lisa 10:00 a.m. – 5:00 p.m.
10:00 a.m. Naturalist Outing: Ninigret Wildlife	11:00 a.m. –4:00 p.m. Motorboat Tours on the hour	hour 3:30 p.m. Guided	hour 3:30 p.m. Guided	9:30 a.m. Breathwork with Lisa	10:00 a.m. – 5:00 p.m. Seal Days	Seal Days 3:00 p.m. Chef's Garden
Refuge 1:00 p.m4:00 p.m.	11:00 a.m. Nature Craft	History Tour	History Tour	11:00 a.m4:00 p.m. Motorboat Tours on the	11:00 a.m. Nature Craft	Tour
Motorboat Tours on the hour	1:00 p.m. Guided Kayak Tour	7:00 p.m. Smores by the fire pit (Weather Permitting)	7:00 p.m. Smores by the fire pit (Weather Permitting)	hour 11:00 a.m. Nature Craft	1:00 p.m. Guided Kayak Tour	3:30 p.m. Guided History Tour
1:00 p.m. Guided Kayak Tour	3:30 p.m. Guided History Tour	Inquire at Front Desk about Gem Car/Jeep	Inquire at Front Desk about Gem Car/Jeep	1:00 p.m. Guided Kayak Tour	3:30 p.m. Guided History Tour	6:00 p.m. – 9:00 p.m. Guitarist
3:30 p.m. Guided History Tour	5:00 p.m. Guided Beach Walk	Tours throughout the day and "Self-Guided" Tours and Nature	Tours throughout the day and "Self-Guided" Tours and Nature	3:30 p.m. Guided History Tour	5:00 p.m. Fireside Oyster Hour	7:00 p.m. Smores by the fire pit (Weather Permitting)
5:00 p.m. Guided Beach Walk	7:00 p.m. Smores by the fire pit (Weather	Walking Trails."	Walking Trails."	5:00 p.m. Guided Beach Walk	6:00 p.m. – 9:00 p.m. Guitarist	7:30 p.m. Stargazing
7:00 p.m. Smores by the fire pit	Permitting)			7:00 p.m. Smores by the fire pit	7:00 p.m. Smores by the fire pit (Weather Permitting)	