



WEEKAPAUG INN

WEEKAPAUG, RHODE ISLAND

OCTOBER RESORT ACTIVITIES



OCEAN HOUSE COLLECTION

Complimentary Resort Activities

ABOUT OUR ACTIVITIES:

Yoga: Join our skilled Yoga instructors in improving your physical and mental health. Increase your strength, balance, and flexibility.

Kayak, Paddleboard, & Sailboat Rentals: Explore Quonochontog Pond by renting out one of our boats down at our boathouse between 8:00am and 5:00pm. Sheltered by a barrier beach, the waters of the salt pond are warmer and calmer than the ocean and are ideal for paddle sports and sailing. Rocky shorelines, grassy marshes and wide-open expanses offer abundant and diverse areas to explore.

Naturalist Outings: Join our Naturalist and explore some of our favorite wildlife preserves. Reconnect with Nature. All within 20 minutes of Weekapaug.

Naturalist Beach and Salt Marsh Walk: Join our naturalist on an hour-long walk down the barrier beach and salt marsh. They will point out wildlife, interesting plants, and landmarks. The beach is beautiful and great for walking throughout the year

Birding: We visit local hotspots to seek out our fine feathered friends. Outing will utilize one of the Inn vans, our open-air electric car, or by foot. Our naturalist will bring along optics and local knowledge.

Nature Craft: Enjoy these fun nature-themed activities geared toward children. Birdhouse Painting, Jewelry Making, and Rock Painting take place at the Boat House and are offered every day

Stargazing: A big dark sky with lots of stars is a memorable part of the Weekapaug experience. Join the naturalist after dark to spot stars, constellations, planets, and the moon. (Weather dependent).

S'mores at the FirePit: A crackling fire in the back-yard fire pit, a big sky and water views. What could be better than that? Come enjoy our house made s'mores, nightly. (Weather dependent).

Crabbing and Live Touch Tank: Join us at the boathouse to find slimy fun hermit crabs and crabs

Hunter® Borrowing Closet: Please take advantage of our Hunter borrowing closet. Best known for their boots, Hunter also a wide range of outerwear. A variety of Hunter products stocked in our borrowing closet and may be signed out for active use during your stay.

CHILDREN'S ACTIVITIES: Children are welcome on a come one, come all basis. Take advantage of the sunny days playing outdoor games and exploring the natural world. Activities include:

- Crabbing
- Fishing
- Scavenger Hunt
- Science Exploring

ABOUT OUR SPECIAL EVENTS AND TOURS:

Shadowbox Art Class with Sandra Callinan: This creative shadowboxing class will be taught by Sandra Callinan resident of Westerly who has run art shows and Sea Glass Festival for many years. You'll be able to create shadowboxes and framed pictures with various items, some incorporating the use of watercolors and fine drawing. Learn different techniques of using Sea Glass to make incredible pictures. Birds, trees, turtles, flowers, and more are all created from these materials. \$75/person, reservations required by **7pm the night before**.

Breathwork with Lisa: Focus and settle the mind through a series of guided awareness practices. Experience the art of concentration and the power of breath every Thursday at 9:30 am. \$15/person + Service Charge

Sound Meditation with Lisa: Relax and let go of stress, worries and concerns by partaking in Sound Bath Meditation every Saturday at 9:30 am. Resonant music helps to physically heal you and relieve pain through immersive sound that fills the room and your body. \$25/person + Service Charge.

Quonnie Queen Boat Tours: Enjoy a 45-minute pond cruise on our Elco electric boat. Tours leave from the dock right off our backyard and take in waterfront homes and sweeping salt marshes. The ride is slow, tranquil and whisper quiet. Weekapaug Inn Guests are complimentary (Tickets can also be purchased at front desk for \$75 for Non-Hotel Guests.)

Self-Guided E-Bike Tour: Experience the beauty of the coastline at your leisure with our E-Bikes. E-Bikes are equipped with a GPS to allow you to explore Westerly on your own. Our bell team will help set up the bikes for you and assist with anything else you need. Stop by the front desk to rent our bikes, \$30/hr.

Land Cruiser Tour: Jump into a classic 1967 Land Cruiser, enjoy discovering hidden gems; relax as a passenger on an hour trip including picturesque seashores, farms, and local attractions. Reservations can be made at the front desk, complimentary for Inn-House guests.

Guided History Tour of the Inn: Gain an appreciation for the Weekapaug Inn's resilience and commitment towards consistent warmth and hospitality amidst disaster and societal changes. Walk around with our Naturalist listening to wonderful stories about the historic building, artwork, furniture, and much more.

Guides: The following guides are available at the front desk:

- Local jogging and biking maps.
- Points of interest map covering Mystic, CT to Newport, RI.
- Walker's guide to scenic downtown Westerly.
- Moon map for self-guided moon viewing.

Printed directions to area attractions are also available at the front desk

9/27	9/28	9/29	9/30	10/1	10/2	10/3
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10/4	10/5	10/6	10/7	10/8	10/9	10/10
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