



WEEKAPAUG INN

WEEKAPAUG, RHODE ISLAND

SEPTEMBER RESORT ACTIVITIES



RELAIS &
CHATEAUX



OCEAN HOUSE COLLECTION

Complimentary Resort Activities

ABOUT OUR ACTIVITIES:

Yoga: Join our skilled Yoga instructors in improving your physical and mental health. Increase your strength, balance, and flexibility.

Kayak, Paddleboard, & Sailboat Rentals: Explore Quonochontog Pond by renting out one of our boats down at our boathouse between 8:00am and 5:00pm. Sheltered by a barrier beach, the waters of the salt pond are warmer and calmer than the ocean and are ideal for paddle sports and sailing. Rocky shorelines, grassy marshes and wide-open expanses offer abundant and diverse areas to explore.

Naturalist Outings: Join our Naturalist and explore some of our favorite wildlife preserves. Reconnect with Nature. All within 20 minutes of Weekapaug.

Naturalist Beach and Salt Marsh Walk: Join our naturalist on an hour-long walk down the barrier beach and salt marsh. They will point out wildlife, interesting plants, and landmarks. The beach is beautiful and great for walking throughout the year

Birding: We visit local hotspots to seek out our fine feathered friends. Outing will utilize one of the Inn vans, our open-air electric car, or by foot. Our naturalist will bring along optics and local knowledge.

Nature Craft: Enjoy these fun nature-themed activities geared toward children. Driftwood Art, Jewelry Making, and Rock Painting take place at the Boat House and are offered every day

Stargazing: A big dark sky with lots of stars is a memorable part of the Weekapaug experience. Join the naturalist after dark to spot stars, constellations, planets, and the moon. (Weather dependent).

S'mores at the FirePit: A crackling fire in the back-yard fire pit, a big sky and water views. What could be better than that? Come enjoy our house made s'mores, nightly. (Weather dependent).

Crabbing and Live Touch Tank: Join us at the boathouse to find slimy fun hermit crabs and crabs

Hunter® Borrowing Closet: Please take advantage of our Hunter borrowing closet. Best known for their boots, Hunter also a wide range of outerwear. A variety of Hunter products stocked in our borrowing closet and may be signed out for active use during your stay.

CHILDREN'S ACTIVITIES: Children are welcome on a come one, come all basis. Take advantage of the sunny days playing outdoor games and exploring the natural world. Activities include:

- Crabbing
- Fishing
- Scavenger Hunt
- Science Exploring

ABOUT OUR SPECIAL EVENTS:

September 27th. **Full Moon Release Ritual:** This experience is designed to help you slow down, release what's been building, and settle deeply into rest. We'll begin with a simple guided check-in, including an opportunity to name what you're ready to release. From there, you'll be guided into a deeply restorative experience where yoga nidra (yogic sleep) and sound are woven together—supporting the body and mind in fully letting go. The evening closes in deep rest, supported by crystal bowls, chimes, and gong to encourage release and integration. \$55/Guests, complimentary for Pond Club Members.

September 27th. **Corn Moon Paddle:** Immerse yourself in the beauty of autumn with a magical Corn Moon Paddle, guided by Weekapaug Inn's resident naturalist. Set out from the Inn for a peaceful paddle under the soft glow of September's full moon, surrounded by the serene stillness of the evening waters. The Corn Moon, named for its connection to the season's corn harvest, is the final full moon of summer or the first of fall. Its golden light casts a warm and inviting glow, creating a perfect ambiance for this enchanting outdoor experience. Your paddle will take you to a secluded beach, where you'll pause to enjoy a champagne toast beneath the radiant Corn Moon. Relish the moment as the moonlight dances across the water, and learn about the natural wonders of the season from our knowledgeable naturalist. This event welcomes paddlers of all skill levels, offering a guided and unforgettable way to experience the magic of the full moon. Spaces are limited, so reserve your spot today to celebrate the Corn Moon with us. *Please note, tickets purchased for this event are non-refundable unless the event is canceled due to inclement weather. The Inn reserves the right to cancel or postpone water events and outings, at its sole discretion, due to weather conditions and other hazards.* \$25/WI & OH Guests & Members, \$45 for Non-Hotel Guests.

Shadowbox Art Class with Sandra Callinan: This creative shadowboxing class will be taught by Sandra Callinan resident of Westerly who has run art shows and Sea Glass Festival for many years. You'll be able to create shadowboxes and framed pictures with various items, some incorporating the use of watercolors and fine drawing. Learn different techniques of using Sea Glass to make incredible pictures. Birds, trees, turtles, flowers, and more are all created from these materials. \$75/person, reservations required.

Breathwork with Lisa: Focus and settle the mind through a series of guided awareness practices. Experience the art of concentration and the power of breath every Thursday at 9:30 am. \$15/person + Service Charge

Sound Meditation with Lisa: Relax and let go of stress, worries and concerns by partaking in Sount Bath Meditation every Saturday at 9:30 am. Resonant music helps to physically heal you and relieve pain through immersive sound that fills the room and your body. \$25/person + Service Charge.

Acoustic Guitar Music: Listen to Acoustic Guitar music played by Tommy Giarrantano in the Garden Room/Bar on Friday and Saturday nights.

ABOUT OUR TOURS:

Quonnie Queen Boat Tours: Enjoy a 45-minute pond cruise on our Elco electric boat. Tours leave from the dock right off our backyard and take in waterfront homes and sweeping salt marshes. The ride is slow, tranquil and whisper quiet. Weekapaug Inn Guests are complimentary (Tickets can also be purchased at front desk for \$75 for Non-Hotel Guests.)

Self-Guided E-Bike Tour: Experience the beauty of the coastline at your leisure with our E-Bikes. E-Bikes are equipped with a GPS to allow you to explore Westerly on your own. Our bell team will help set up the bikes for you and assist with anything else you need. Stop by the front desk to rent our bikes, \$30/hr.

Chef's Garden Tour: Meet our chef right at the garden next to the Fenway Building.

Land Cruiser Tour: Jump into a classic 1967 Land Cruiser, enjoy discovering hidden gems; relax as a passenger on an hour trip including picturesque seashores, farms, and local attractions.

Guided Kayak Tour: Explore and discover the natural beauty of the Quonochontaug Pond with a guided kayaking tour. Meet the naturalist at the Boathouse and then paddle out into the saltwater pond. Keep an eye out for birds, crabs, and fish as you explore rocky coasts, salt marshes, and sandbars.

Guided History Tour of the Inn: Gain an appreciation for the Weekapaug Inn's resilience and commitment towards consistent warmth and hospitality amidst disaster and societal changes. Walk around with our Naturalist listening to wonderful stories about the historic building, artwork, furniture, and much more.

Guides: The following guides are available at the front desk:

- Local jogging and biking maps.
- Points of interest map covering Mystic, CT to Newport, RI.
- Walker's guide to scenic downtown Westerly.
- Moon map for self-guided moon viewing.

Printed directions to area attractions are also available at the front desk

8/30	8/31	9/1	9/2	9/3	9/4	9/5
SUNDAY 8:00am-5:00pm Kayak and Paddleboard Rentals 8:00am Birding 8:30am Yoga with Kerri 10:00am-5:00pm Quonnie Queen Tours on the hour 11:00am Nature Craft 1:00pm Guided Kayak Tour 2:00 p.m. Crabbing and Live Touch Tank 3:00pm Chef's Garden Tour 3:30pm Guided History Tour 6:00pm End of Summer Lobster Boil & BBQ	MONDAY 8:00am-5:00pm Kayak and Paddleboard Rentals 8:00am Birding 8:30am Yoga with Kerri 10:00am-5:00pm Quonnie Queen Tours on the hour 11:00am Nature Craft 1:00pm Guided Kayak Tour 2:00 p.m. Crabbing and Live Touch Tank 3:00pm Chef's Garden Tour 3:30pm Guided History Tour 7:00pm Smores by the fire pit	TUESDAY 8:00am-5:00pm Kayak and Paddleboard Rentals 8:30am Yoga with Kerri 10:00am-5:00pm Quonnie Queen Tours on the hour 2:00 p.m. Crabbing and Live Touch Tank 3:30pm Guided History Tour 7:00pm Smores by the fire pit	WEDNESDAY 8:00am-5:00pm Kayak and Paddleboard Rentals 8:30am Yoga with Lisa 3:30pm Guided History Tour 7:00pm Smores by the fire pit	THURSDAY 8:00am-5:00pm Kayak and Paddleboard Rentals 8:00am Birding 8:30am Yoga with Lisa 9:00am Shadowbox Art Class 9:30am Breathwork with Lisa 10:00am-5:00pm Quonnie Queen Tours on the hour 11:00am Nature Craft 1:00pm Guided Kayak Tour 2:00 p.m. Crabbing and Live Touch Tank 3:30pm Guided History Tour 5:00pm Guided Beach Walk 7:00pm Smores by the fire pit 9:00pm Stargazing	FRIDAY 8:00am-5:00pm Kayak and Paddleboard Rentals 8:00am Birding 8:30am Yoga with Lisa 10:00am-12:00pm Quonnie Queen Tours on the hour 11:00am Nature Craft 1:00pm Guided Kayak Tour 2:00 p.m. Crabbing and Live Touch Tank **Closed at 4:00pm for Private Event**	SATURDAY **Closed all day for Private Event** 8:00am-2:00pm Kayak and Paddleboard Rentals 9:00am Yoga with Lisa

9/6	9/7	9/8	9/9	9/10	9/11	9/12
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9/20	9/21	9/22	9/23	9/24	9/25	9/26
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